

DAVID'S HAWAIIAN CHICKEN

INGREDIENTS:

- 4 CHICKEN BREASTS
- 1 20 OZ CAN PINEAPPLE CHUNKS – DRAINED AND 2 T OF JUICE RESERVED
- 1 CUP DARK BROWN SUGAR
- 2 T MUSTARD
- 1 T WORCESTERSHIRE SAUCE
- 1 T SOY SAUCE
- 2 T LEMON JUICE
- ¼ TSP RED PEPPER FLAKES (OR SUIT TO TASTE)
- 1 T KOSHER SALT
- 2 TSP CRACKED PEPPER

DAVID'S HAWAIIAN CHICKEN

DIRECTIONS:

- PREHEAT OVEN TO 400 DEGREES.
- IN A 9 X 13 GLASS OR CERAMIC CASSEROLE DISH, PLACE IN CHICKEN BREASTS. SALT AND PEPPER EACH BREAST. SET ASIDE.
- CUT PINEAPPLE CHUNKS INTO SMALLER SIZED PIECES, ABOUT ½ INCH IN DIAMETER. ADD TO BOWL. ADD DARK BROWN SUGAR, PINEAPPLE JUICE, LEMON JUICE, MUSTARD, WORCESTERSHIRE SAUCE, SOY SAUCE, AND RED PEPPER FLAKES. WISK THOROUGHLY TO COMBINE.
- POUR SAUCE OVER CHICKEN. ROAST IN OVEN FOR 50 MINUTES OR UNTIL JUICES OF CHICKEN RUN CLEAR. BASTE CHICKEN AFTER ½ HOUR EVERY 15 MINUTES UNTIL DONE.
- REMOVE FROM OVEN AND LET REST FOR 10 MINUTES UNDER FOIL.

BROCCOLI SALAD

INGREDIENTS:

- 2 HEADS OF FRESH BROCCOLI
- 1/2 CUP RED ONION, DICED
- 1 CUP SHREDDED CHEDDAR CHEESE,
PLUS EXTRA FOR GARNISH
- BACON BITS (OR FRESH CRUMBLED
BACON)
- 2 CUPS MAYONNAISE
- 2 T SUGAR

BROCCOLI SALAD

DIRECTIONS:

- CUT BROCCOLI INTO BITE SIZED FLORETS. SET ASIDE.
- USING A MEDIUM-SIZED BOWL, ADD MAYONNAISE AND SUGAR AND STIR TO COMBINE. FOLD IN BROCCOLI FLORETS, BACON, AND CHEDDAR CHEESE. STIR TO COMBINE AND COAT ALL INGREDIENTS, THEN TOP WITH A GARNISH OF SHREDDED CHEDDAR CHEESE.
- CHILL AND SERVE.

PINEAPPLE SUNSHINE CAKE

INGREDIENTS:

- 1 BOX YELLOW CAKE MIX
- 4 EGGS
- 2 8 OZ. CANS OF CRUSHED PINEAPPLE WITH JUICE
- ½ CUP VEGETABLE OIL
- 1 8 OZ. COOL WHIP, THAWED
- 1 BOX INSTANT VANILLA PUDDING
- COOKING SPRAY

PINEAPPLE SUNSHINE CAKE

DIRECTIONS:

- PREHEAT OVEN TO 350 DEGREES. SPRAY 9 X 13 PAN WITH COOKING SPRAY.
- IN A LARGE BOWL, COMBINE CAKE MIX, EGGS, VEGETABLE OIL, AND 1 CAN OF CRUSHED PINEAPPLE WITH JUICE. MIX WELL.
- POUR INTO CAKE PAN. BAKE FOR 25-30 MINUTES OR UNTIL A TOOTHPICK INSERTED INTO THE CENTER OF THE CAKE COMES OUT CLEAN.
- ALLOW TO COOL COMPLETELY.
- IN A MEDIUM-SIZED BOWL, FOLD TOGETHER WHIPPED TOPPING, INSTANT VANILLA PUDDING MIX, AND 1 CAN OF CRUSHED PINEAPPLE WITH JUICE.
- SPREAD OVER THE TOP OF COOLED CAKE.